SUMMER ACTIVITIES RECAP
What a great summer we had! Lots of activities and good times. The Fourth of July party was a great success. We fed over 100 consumers and also some friends in the park. At our annual campout we again had over 100 participants at the Friday cookout and 64 consumers stayed the entire weekend. We would like to thank staff and all the other volunteers for their help in making all our events successful.

SPECIAL THANKS FOR A JOB WELL DONE
Roads To Independence would like to thank Kellan Lether and his family and fellow scouts who volunteered to help out at our annual campout in August. They volunteered as part of his Eagle Scout Project and helped set up tents, arranged activities, served food, helped us clean up, spent time with the consumers and had some fun themselves. All of them were willing to chip in to make the event very successful.

“Five Carols for Christmas,” written by Jim Christian and Ken Plain, takes place in 1954, and follows five best friends – all named Carol – as they prepare for their annual holiday performance at the local high school on Christmas Eve. When the power goes out just as the women are rushing off for their performance, their endeavor become not only complicated, but heartwarming and absolutely hilarious.”

You must RSVP by November 18th and pay in advance for this event as seating and tickets are limited. Contact Karen at: 801-317 2857

GOVERNING BOARD
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David Alexander
Co-Chair
Jackie Martinez
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Kathie Darby
Treasurer
Landon Cleverly
Bret Cummins
Angel Castillo

ROADS TO INDEPENDENCE STAFF
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Jodi Bobillot
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John Hess
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Amanda Willard
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Carmela Garcia
Samantha Einfeldt
Misty Hearnsberger
Katie Stoddard
Tracy O. Socwell
Rachel Litster
Shea McMurrin
Tylee Harmon
Casey Hewitt
Brittany Cox
Jaci Moreno
Amy Palmer
Dan Kotter

October, November
December 2019
Annual Halloween Party
Mark your calendars, and get your Costumes Ready

Friday, October 30th 11-2
At Roads To Independence
PRIZES FOR BEST COSTUMES
Treats - Games - Music

Transportation Available For Those Needing A Ride

You are cordially invited to attend Roads To Independence

Annual Christmas Celebration

Wednesday, December 11, 2018 11:00 am to 2:00 pm
Sullivan LDS Ward 976 33rd Street Ogden
Please join us for Dinner, Games
Entertainment, and other Special Surprises

Transportation Provided For Those Who Can Not Arrange A Ride,
Contact Karen 801-317-2857
New Program At Roads -

Pre-Employment Transition Service (Pre-ETS) Program
for Youth with Disabilities Ages 14 - 21

Classes Starting Soon... So Sign Up Today!

Classes will be held on Tuesdays from 4:30 - 6:00 pm

What’s In Your Future?
College? Employment? Let Us Help You Figure It Out!

Work-Based Learning
Activities designed to use real work environments to gain skills. Examples: summer work experiences, internships, job shadowing, and temporary work experience opportunities.

Counseling on Opportunities for Enrollment in Comprehensive Transition or Post- Secondary Educational Programs at Institutions of Higher Learning
Activities designed to expose students to options for enrollment and engagement in post-secondary educational training. Examples: taking a campus tour, helping a student research scholarship opportunities, financial aid, exploring the education needed to succeed in a career pathway, and helping a student research fields of study available at college campuses.

Workplace Readiness Training
Activities designed to promote the development of job readiness, social skills, and independent living skills needed to succeed in a career. Examples: providing financial literacy classes, social skills training, and job readiness instruction.

Instruction in Self-Advocacy
Activities designed to assist a student in effectively communicating his or her own needs and desires. Examples: participation in leadership activities, assisting a student with understanding how to request an accommodation, classes on decision making and problem solving.

For more information on enrolling opportunities call:

Shae 801-317-2853
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<td>1 Self—Esteem Class 3-5pm @ Center</td>
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<td>8 Self—Esteem Class 3-5pm Bingo 5-6pm</td>
<td>9 Corn Maze Cost $2.50 Bring Spending $$ 4:30pm BUS</td>
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<td>13</td>
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<td>15 Self—Esteem Class 3-5pm @ Center</td>
<td>16 Ceramics 1:30 - 3:30 @ Center BUS</td>
<td>17 Hogal Zoo Bring Lunch &amp; Spending $$$ 10 -1pm BUS RSVP!</td>
<td>18 Halloween Crafts/Jewelry 1-4pm</td>
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<td>20</td>
<td>21</td>
<td>22 Self—Esteem Class 3-5pm @ Center</td>
<td>23 Wheelchair Clinic 12-2pm</td>
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<td>28</td>
<td>29 Self—Esteem Class 3-5pm @ Center</td>
<td>30 HALLOWEEN PARTY 11-2pm at Center BUS RSVP</td>
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WHenever possible: We encourage everyone to take advantage of Public Transportation. This promotes independence. Please RSVP for events!
# Roads To Independence NOVEMBER Calendar 2019

For details contact Karen at 801-317-2857

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<td>4 I-Fly Solomon Center 4:30 Cost</td>
<td>5 Crocheting with Travis 2-4pm making gifts</td>
<td>6 Ceramics 1:30 - 3:30 @ Center BUS</td>
<td>7 Holiday cooking class 3:30pm @ Center</td>
<td>8 Quilting @ center 1-4pm</td>
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<td>Bingo 5-6pm</td>
<td>Kitchen Kneads 1-2pm RSVP BUS</td>
<td>Scrapbook paper giveaway 2-4pm Holiday cooking class 3:30pm</td>
<td>Crafting/Scrappin1-4 Scrapping Paper Giveaway 1-4pm</td>
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<td>Karaoke/ Movie Night @ Ctr 5-8pm</td>
<td>Crocheting with Travis 2-4pm making gifts</td>
<td>Canvas Painting 2-4pm @ Center</td>
<td>Holiday cooking class 3:30pm Bowling @ WSU 6-8pm</td>
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<td>Wheelchair Clinic 12-2pm</td>
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<td>Office Closed for Holiday</td>
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WHENEVER POSSIBLE: We encourage everyone to take advantage of PUBLIC TRANSPORTATION. This promotes independence. Please RSVP for events!
## Roads To Independence DECEMBER Calendar 2019

For details contact Karen at 801-317-2857

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<tr>
<td><img src="image" alt="AIDS Day" /></td>
<td>2 Egyptian Theatre “5 Carols For Christmas” Cost $7.50. 7:30-9:30</td>
<td>3 Crocheting with Travis 2-4pm making gifts</td>
<td>4 Ceramics 1:30 - 3:30 pm @ Center</td>
<td>5 Holiday cooking class 3:30pm @ Center</td>
<td>6 Christmas Crafts/making gifts 1-4pm</td>
<td><img src="image" alt="Crohn's &amp; Colitis Awareness Week" /></td>
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<td><img src="image" alt="Carols For Christmas" /></td>
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<td>9 I-Fly Solomon Center 4:30 Cost $7.50 RSVP</td>
<td>10 Bingo 5-6pm @ Center</td>
<td>11 Christmas Party 11-2 BUS</td>
<td>12 Holiday cooking class 3:30pm @ Center</td>
<td>13 Christmas Crafts/making gifts 1-4pm</td>
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<td><img src="image" alt="Karaoke/Movie Night" /></td>
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<td>16 Karaoke/Movie Night @ Ctr 5-8pm</td>
<td>17 Crocheting with Travis 2-4pm making gifts</td>
<td>18 Wheelchair Clinic 12-2pm</td>
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<td><img src="image" alt="Christmas Eve" /></td>
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<td><img src="image" alt="New Year's Eve" /></td>
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WHENEVER POSSIBLE: We encourage everyone to take advantage of PUBLIC TRANSPORTATION. This promotes independence. Please RSVP for events!
Description of Activities - RSVP to Karen at 801-317-2857

Wheelchair Clinic: Come in to RTI on the last Wednesday of each month from 12-2pm to get your equipment fixed! October clinic will be held on the 23rd due to Halloween Party on the 30th, December’s clinic will be on the 18th due to the holiday.

Pre-ETS youth classes: Pre-enrollment required. Students ages 14-21 will receive instruction on work based learning and readiness, self advocacy, and enrollment opportunities for post-secondary education. Classes are Tuesdays 4:30 - 6:30 pm.

Corn Maze at Green Acres Dairy: Enjoy a corn maze, large slide, fire pit, pumpkin patch, petting zoo and more!! Cost is $2.50. Bring spending money for dinner and treats! Transportation Provided. October 9th at 4:00 pm

Creatures of the Night Ogden Nature Center: Come to the spooky Nature Center and learn about all the night creatures!! Games, activities and Halloween fun! Cost is $4.00 and bring spending money. Transportation Provided. October 11th from 5-7 PM

Hogal Zoo: Join us on Oct. 17th from 10-1pm. Cost: Free! Bring some spending money for Lunch and souvenirs. Transportation provided. Space is limited to 15 people so sign up quick.

Crafts and Scrapbooking: Time to get your craft on! We will be making holiday crafts, gifts for Christmas, jewelry, and scrapbooking! October 18, November 1 and 15, December 6 and 13 from 1 - 4 pm.

Halloween Party: Its Spooky Time!! Come to our Halloween Party at the center on Oct 30th from 11-2pm. Costume Contest, games, lunch and more! Transportation Provided. At the Center

Crocheting with Travis: Learn how to crochet and how to make a Christmas gift! Travis Purser from the Wheelin’ Wildcats will be teaching on Nov. 5th and 19th! 2-4 pm. At the Center

Holiday Cooking Class: Enjoy some great easy, quick, holiday recipes on a budget. Classes start Nov. 7th, every week to December 12th at 3:30pm.

Kitchen Kneads: Join us for a great holiday treat, Dipping and decorating pretzels! November 13th 1-2pm. Transportation.

Scrapbooking Paper Giveaway: RTI has a very large amount of scrapbooking paper and will be giving it away on Nov 14th from 2-4pm and 15th from 1-4pm. First come first serve. At the Center

Canvas Painting: Time to get them creative juices flowing! Cost is $2 limited space. November 20th 2 - 4 pm.

Quilting: We will start by cutting material, sewing and then quilting them. Come on Nov 8th 1-4pm, and then every month starting in January. At the center.

5 Carols for Christmas at the Egyptian Theater: This is a fun holiday play that is also funny! Dec. 2nd at 7:30pm. Cost is $7.50. Please pre-pay two weeks in advance.

Christmas Party: Enjoy a full Christmas Dinner with puzzles games and entertainment. December 11th from 11-2pm. Transportation provided.

Ceramics: We meet from 1:30 - 3:30 pm at the Center. The cost varies from free on up depending on how big your ceramic piece is. Transportation provided. October 16th, November 6th and December 4th.

Bingo: Come join us for bingo night from 5-6 pm. Cost is $1 for prizes. Everyone is welcome!! October 8, November 12, December 10th, at the center

Movie/Karaoke Night: Come join us and watch a movie and Sing some songs. Just bring yourself and enjoy some popcorn, a drink, and a great time! FREE! So be here at the Center at 5pm for some great fun! October 21,November 18, and December 16th.

Bowling: Come up to Weber State Wildcat Lanes in the Shepherd Union Building for some pizza and two free games with us! Free from 6-8pm! We will also be providing pizza. Bring your own drink. For consumers and their families. November 21st.

I-Fly at the Solomon Center: The I-Fly is adaptable; however, one has to have feeling in their legs. The cost is $7.50 per person October 7, November 4, and December 9th. 4:30 pm.
MEET OUR NEWEST TEAM MEMBERS

PLEASE WELCOME SHAE MCMURRIN

We are happy to have Shae join us as a Youth Coordinator for our new Pre-Employment Transition Services Program. Shae comes to us from Ogden Community Action Partnership where she worked as an Education Supervisor, Lead Teacher and Family Advocate for the Head Start program for 19 years. Shae has a Bachelor’s degree in Science and Sociology from Weber State University. Shae and her husband John have two boys ages 16 and 12. Shae stated there are only three seasons in their year. They ski all winter, camp all summer and then there is football that her youngest son plays. Smith’s Ferry in Idaho is one of the places she and her family like to camp and play along the Payette River. They also like the Boise, Idaho area to go and relax and have some fun. Shae and her husband like to barbeque all year long. She stated that she is the preparer and he is the grill master. We can’t wait for her to bring some good things to share... Hint, hint. Shae’s favorite quote is: “There were other players who were more talented, but there was no one who could out prepare me”.

PLEASE WELCOME RACHEL LITSTER

We are pleased to have Rachel join our team as a Youth Coordinator for our new Pre-Employment Transition Services Program for Davis County. Rachel comes to us from Davis School District where she was a Family Services Advocate. She also worked for Child Abuse Utah and was a School Mentor/Liaison for Ogden School District. Rachel has a Bachelor’s degree in Family Studies with a minor in Psychology from Weber State University. She is pursuing her Masters degree in Professional Communication. Rachel is from Bountiful and has migrated all the way to Roy, Utah. Rachel has three children and a daughter-in-law. She loves to travel and be outdoors. She also loves to kick box. She loves anything with peanut butter. We think she need to start a peanut butter kick boxing gym. She also likes working with any kind of tools. Her favorite quote is: “Turn your wounds into Wisdom” She also had a favorite quote from Oscar the Grouch but we didn’t have enough space to print it. Maybe next time Rachel.

PLEASE WELCOME AMY PALMER

Say hi to Amy who is a Youth Life Skills Instructor for the Pre-Employment Transition Services Program. Amy comes to us from Odyssey Elementary where she was a Behavioral Staff Assistant. She also served as a staff assistant at New Bridge Elementary. She also worked at Journey Home as a house parent and mentor to young women from 16-21 years of age. Amy owned and taught at a preschool she founded for many years named “Mommy and Me”. Amy and her husband Brian have 4 Kids and live in Ogden. Amy has a B.A. from Utah State University and is a true Aggie. Amy has several hobbies which include painting, singing and cooking when she has the time. She and her family like to go out to eat and go to the movies. They enjoy both Thai and Indian food and know the best spots around to get it. For the first seven years of her life she grew up on an Indian Reservation in New Mexico and moved with her family every seven years until meeting her future husband. Amy’s favorite quote is: “People say nothing is impossible... I do nothing every day”

PLEASE WELCOME JACI MORENO

Roads would also like to welcome Jaci who is a new Youth Life Skills Instructor for the Pre-Employment Transition Services Program. Jaci comes to us with a background in Human Resources Management at Walmart and many years of Advocacy work. This spring Jaci attended a summit on public speaking and how to keep her audience engaged by making the material presented both captivating and interesting. Jaci also volunteers her time working with the Muscular Dystrophy Association of Utah. Jaci also does public speaking about treatment options for Spinal Muscular Atrophy (SMA). Jaci and her husband have 4 children and live in Hooper. She has a very close nit family and loves everything about being a mom. She calls herself “The Hovering Helicopter Mom”. Her family likes to laugh and she said they do laugh a lot. She and her family love Disneyland and go every year. She said that she loves the energy and the enjoyment that the kids get out of it. Her favorite quote is: “The world is full of nice people. If you can’t find one, be one”. 
**PLEASE WELCOME TYLEE HARMON**

Tylee is a new Assistive Technology Coordinator. Tylee comes from Options for Independence in Logan where she was the Youth Assistant Coordinator, Independent Living Coordinator and Van Driver. She also worked for Common Ground Outdoor Adventures that provides recreation activities for people with disabilities. Tylee has a Bachelor’s degree in Family and Consumer Science from Utah State University. Tylee lives in Pleasant View with her husband Kent and their fur baby bunny Curtis. One of her hobbies is cleaning her house (who does that). She likes to play golf and competitive volleyball. She and her husband go to a small eating establishment in Pleasant View each week (Straws Market) and have breakfast, usually crepes and their homemade cinnamon rolls. She and Kent would like to participate in competitive barbequing and husband is taking a competitive BBQ judging class. Her favorite quote is: “Throw kindness like confetti”.

**PLEASE WELCOME BRITTNEY COX**

Brittany is our new Social Worker for the New Choice Waiver Program. Brittany has her Bachelor’s in Social Work from Utah State University and served as an intern at Ridgeline High School. In this position she worked with 26 individual students at risk of not graduating and met with them weekly to review grades, set goals and work on skills needed to succeed in their scholastic endeavors. They would also focus on interpersonal success and life skills. Brittany lives in Millville with her husband Richard of 8 years. They were married on 11,11,11. She has 8 nieces and nephews that she dotes on constantly. Both her and Richard like to go and be in musical theater productions. She loves to read and do puzzles. She has two dogs. Her Chihuahua, Cali is 15 years old and Toby is a 4 month old golden labradoodle. They are planning to train Toby to be a service animal for her. In 2012, Brittany became Miss Wheelchair Utah. Her favorite quote is: “Life is not waiting for the storm to pass, It’s learning to dance in the rain”.

**PLEASE WELCOME DAN KOTTER**

Dan is a new Assistive Technology Coordinator. Dan comes to us with a lot of experience in construction. As well as in mechanics which will be very useful for our AT program. Dan and his wife Andrea have 6 children. The oldest is attending Utah Valley University and his youngest is only 4 months old. With his kids, they are always busy with camping in the Uinta's, softball, football, dance, and soccer. He and his kids love to fish. Dan has a love of cars and all things mechanical. He has torn down vehicles to their bare bones and fixed them like new again. Dan recently reconfigured his home and added a mud and laundry room. Moving and taking out walls, adding doors, etc. Dan likes to work out at the gym and worked at Gold’s gym since August of 2015. Andrea likes to cook for the family and makes extra so Dan can have a nutritious lunch for the next day. Dan does not have a specific favorite quote but instills on his children that “we can do hard things and make it through together”. They show love and respect for each other. That’s what’s important.

**PLEASE WELCOME CASEY HEWITT**

Casey is our new van driver and loan bank assistant. Casey went to school at the Applied Technology College and studied composites. He also has been a vehicle mechanic and was a CDL over the road truck driver for 4 years. Casey also worked on cell phone towers and worked over 1500 feet in the air (daring). Casey likes to tinker with thing and likes to make the broken whole again. Casey has two children, a boy and a girl. He also appreciates all kinds of music but prefers classic rock, heavy metal and reggae. He also plays the guitar and entertained us at our annual campout in August. Casey like to travel and find new places but especially likes to camp up Logan and canyon and hike up Waterfall and Adams Canyon. He says he likes to be where there is dirt and water. Casey said he likes to help people and see them succeed. Casey enjoys any kind of pizza and Chili Verde. His favorite quote is: “Too weird to live...Too rare to die!” Casey has been with use for a couple of months and is a hard, fast and furious worker and we are happy he has joined out team.
COMMUNITY RESOURCE - UTAH COUNCIL OF THE BLIND

Have you lost your sight or are losing it? Are you struggling to find transportation. Are you unable to read your mail, run your appliance, cook meals, take care of the yard and home? The Utah Council of the Blind can help you solve these and other problems connected with sight loss. No matter where you are, there are programs to help you. Young or old, you can take your life back.

- Access to two kinds of transportation throughout the state, subsidized Cab Coupon Program and a Driver/Guide Program.
- Teacher teams help you solve the problems you are experiencing in your home. Teams come to you and offer training, information and other life lines for remaining independent.
- Read your mail or other personal items with the Reader Program. Your items reader can now receive a small compensation for reading your mail, etc.
- Enhance your independence through adaptive technology grants.
- You can now afford to purchase one of those helpful items which seemed too expensive before.
- Students, there are scholarships for you to further your education.
- Have printed item transcribed into braille at no cost to you through the Braille Transcription Program.
- Advocacy training; prepares you to stand up for your rights and to speak for yourself.

FOR MORE INFORMATION ABOUT THESE AND OTHER SERVICE CALL 801-292-6046
There is a $10.00 fee for these services but if you need help call Amanda at Roads at 801-317-2858

Help Us Grow
Donate Today!

Roads To Independence is embarking on a venture to purchase the building we currently lease. In doing so, we would acquire approximately another 5,000 square feet of space in the basement to provide for additional offices and classrooms. Our goal is to raise $1.5 million to make this happen. With this money, we would be able to install an elevator so that the basement would be fully assessable. Additionally, we would be able to remodel the lower floor and include additional office, activity, loan bank, and classroom space. As many as you know, we are very cramped in the space we have now and are seeing growing pains.

WE DO HAVE A HEAD START...
Over the past several years we have been able to raise close to $400,000 towards our goal. Also, this year we asked the state to approve a $300,000 one time allocation towards the purchase which was approved. This puts us at about a half way there for the needed funds. We have started a Capitol Building Campaign to help raise the rest of the funds. We will be fundraising through foundations, as well as private donations. If you would like to contribute or would like to help us by volunteering your time and talents in helping us reach our mark, please call us and we can direct you to our Capital Campaign committee. 801-612-3215 or go to our website to donate. Any donations of money, engineering, construction or other in-kind contributions are appreciated.

SPECIAL THANKS
We would like to thank the Utah State Legislature and especially Senator Christensen for supporting and approving the requested one-time funds in support of our programs and people with disabilities in our community.
WELCOME OUR NEW GOVERNING BOARD MEMBER
ANGEL CASTILLO

We would like to welcome our newest governing board member. Angel is originally from Chicago Illinois and now lives in Ogden. Angel is an independent marketing consultant and specializes in branding, communication, public outreach, fundraising, press, publicity, and more. Angel has a work mantra which is “Data before dollars. Know your audience and how to reach them before spending money. Always be on message”. A fun fact about Angel is that she is somewhat obsessed with riding her bike. Angel is a member of the Ogden City Planning Commission appointed by the Mayor. She is also running for Mayor in Ogden. Angel is also a Board Member of Your Community Connection (YCC) in Ogden which is a family crisis center. When asked why she was interested in being on the board she stated: “with friends who are disabled (and having experiences temporary disability), I am all too aware of the shortcoming of cities. RE: Accessibility, discrimination and need for public education. I want to change that for Ogden.

Nancy Howe is our spotlight Volunteer! Nancy comes in every Tuesday like clockwork! She always brings a warm smile, hard work and goodies! Nancy has been such a great help with our Loan Bank and Reception services. She is Married to Lindsay Howe; at one time, he was on our Governing Board they are both still giving to the community so much! Nancy has five sons and 13 grandchildren, two of them are brand spanking new, one is called “not” and the other one is called “yet”. She enjoys yard work and the outdoors. They have a very large garden and are always bringing in tomatoes, peaches, raspberries, cucumbers, peppers, apples and other great treats. She said that Lindsay has the green thumb. Roads To Independence is so fortunate to have her! We are truly blessed!

THANKS TO OUR VOLUNTEER
NANCY HOWE

PROGRAM SPOTLIGHT - ASSISTIVE TECHNOLOGY PROGRAM

Roads To Independence’s Assistive Technology Program helps individual to obtain Assistive Technology Equipment to help them become or sustain independence. Funding is available through the State of Utah and other resources.

This program is for individuals who need Durable Medical Equipment but can not afford or do not have insurance that will cover the cost of the equipment. Individuals needing equipment need to come in and meet with our Assistive Technology Staff to determine what type of equipment is the best option for independence. Funding is limited and is offered to those who financially qualify. Examples of equipment included but not limited to: Ramps, Porch Lifts, Stair Glides, Housing Modification, Vehicle Modification, Ceiling Lifts, Vision and hearing Technology, etc.

Smaller grants are also available through the Utah Assistive Technology Foundation for items such as Grab Bars, Hand Rails, Thresholds, Small Ramps, Electronic Devices, Etc.

If you are in need of assistive technology and want to see if you qualify for these funds call us at 801-317-2854
Don’t forget to follow us on Facebook!!

Stay connected and stay informed on all the good things happening at Roads, including current information on activities, classes, and upcoming events. Check out pictures of past events and leave us comments!

To promote and enhance independence for all people with disabilities.

**Newsletter is available in alternative formats**

The content of this newsletter was developed under a grant from the U.S. Department of Health and Human Services. However, these contents do not necessarily represent the policy of the Department of Health and Human Services and you should not assume endorsement by the Federal Government.