JOIN US FOR SOME GREAT ACTIVITIES THIS SUMMER

Fourth of July BBQ - Campout - Bowling - Kitchen Kneads - Cycling
Snake River Water Rafting - Seaquest Aquarium - Ceramics -
Self-Esteem Classes - Fishing - Youth Pre-Employment Services - and more...

Build Your Self-Esteem

Join us for a series of self-esteem classes (8 Weeks)

During the class you will learn to be able to look at yourself with an open mind and remember that regardless of what is happening or happened in your life that you are a good person.

*It is time to find that inner voice that tells you so!*

Classes begin on: **Tuesday, September 10, 2019 from 3:00 to 5:00 pm. and every Tuesday through October 29, 2019**

The class is very interactive and fun. Watch inspirational videos and have great discussions.

Please sign up prior to the first class or RSVP to Karen at 801-317-2857

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**ROADS TO INDEPENDENCE STAFF**
- Andy Curry
- Jodi Bobillot
- Natalie Colvin
- John Hess
- Karen Bingham
- Amanda Willard
- Cindy Siddoway
- Carmela Garcia
- Samantha Einfeldt
- Misty Hearnsberger
- Tracy O. Socwell
- Katie Stoddard
- Miranda Price

**GOVERNING BOARD**
- John Prescott
  Co-Chair
- David Alexander
  Co-Chair
- Jackie Martinez
  Secretary
- Kathie Darby
  Treasurer
- Landon Cleverly
- Bret Cummings
- Angel Castillo

**Roads has several job openings:**

Licensed RN Case Manager - Licensed Social Worker
Van Driver/Custodian
Youth Transition Coordinator - Youth Life Skills Coordinator
Youth Peer Mentors - Summer Workers

To see job descriptions and instructions on how to apply, go to our Facebook page Roads To Independence or our web page.

www.roadstoindependence.org
Annual Campout Time!!

Campout and BBQ!

August 9th - 11th

at Perception Park!

Mark your calendars, and get your camping gear together!

Come join us at Perception Park for a weekend of activities, fishing, games, campfires with s'mores, harmonica playing, gem stone wrapping, enjoying friends and the beautiful outdoors. We will host a BBQ the first evening for everyone! Breakfast will be provided on Saturday morning for those staying the weekend. Whether you stay the weekend or just come up Friday for the BBQ, we promise you will have a great time! Transportation will be provided for those who want to come up just for the Friday night BBQ as well for those who are staying the entire weekend. Transportation will not be available on Saturday. For those wanting to bring their own trailer, space is limited so please register early.

Camping Registration will be from July 2nd to August 2nd at our office. There is no charge for anyone interested in camping with us during any-time throughout the weekend. All participants are required to fill out registration paperwork to attend the event.

For more information contact Karen at 801-317-2857.

THINGS TO BRING TO THE CAMPOUT

- SLEEPING BAGS/BLANKETS AND PILLOW
- TENTS (WE HAVE SOME AVAILABLE TO LOAN)
- FOOD FOR SATURDAY LUNCH, DINNER,
- WARM AND COOL CLOTHING
- ANY ITEMS TO PROVIDE FOR YOUR OWN PERSONAL NEEDS: MEDICATIONS, SUNSCREEN, INSECT REPELLANT ETC.

- ALL PETS (MAX 2 PER FAMILY) MUST BE ON LEASHES AND UNDER THEIR OWNERS CONTROL AT ALL TIMES: OWNERS ARE RESPONSIBLE FOR PET CLEAN UP!!

IF YOU NEED HELP GETTING ORGANIZED OR KNOWING WHAT TO BRING TO THE CAMPOUT CONTACT KAREN AT 801-317-2857.

WE NEED YOUR HELP
WE ARE LOOKING FOR VOLUNTEERS AND DONATIONS FOR THE CAMPOUT.
The Summer Nutrition Programs provides free meals and snacks to low-income children 18 and under when school is not in session.

When school lets out, millions of low-income children lose access to school breakfast, lunch, and after school meals that are available during the regular school year. Summer Nutrition Programs fill this gap by providing free meals and snacks to children who might have limited access to nutritious food in the summer. Kids do not need to register or fill out an application to participate—they just need to show up!

Many sites also provide fun activities for kids. Some sites provide art projects, recreation and other activities. Check with your local site for more information.

To easily find out the sites in your area, just text:

**FOOD to 877877**

For over three years, Hunger Free America has been operating the USDA National Hunger Hotline. The hotline is a resource for individuals and families seeking information on how to obtain food. The National Hunger Hotline staff connects callers with emergency food providers in their community, government assistance programs, and various social services. Call the number above to find food resources near you.

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**TIME TO GO TO THE FAIR**

**Concerts** - Demolition Derbies - Animals
Rodeos - Rides - Car Shows
Livestock Auctions - Pie Eating Contests
Food and More Food

**MORGAN COUNTY FAIR**
750 East Como Springs Drive Morgan UT
Tuesday July 9 - Sunday July 14

**DAVIS COUNTY FAIR**
151 South 1100 West Farmington, Utah
Wednesday August 14 - Saturday August 17

**WEBER COUNTY FAIR**
1000 North 1200 West Ogden, Utah
Wednesday, August 7 - Saturday, August 10

**UTAH STATE FAIR**
200 North (North Temple) 1000 West SLC, Utah
Thursday September 5 - Sunday September 15

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**COME BE IN THE PARADE WITH US!**

Ogden Pioneer Days
Week of July 24th

Roads To Independence will be in the Ogden Pioneer Days parade on July 24, 2019.

We will be using our new wrapped bus and also have participants walking, in wheelchairs and power chairs. Youth will be leading the way with our banner. There will be a pre-parade meeting on July 11th at 1:30 at Roads.

We will meet at the center at 8:00 am. The parade will begin at 9:00 am starting at 20th Street and move South to 31st Street along Washington Blvd. We will be providing some lunch for participants at the center after the parade.

If you would like to participate with us, contact Karen at 801-317-2857
Advocacy in all forms seeks to ensure people have their voices heard on issues that are important to them. This is especially important to people with disabilities who are often left out of the discussions that affect their lives. Advocacy helps individuals defend and safeguard rights, have views and wishes genuinely considered when decisions are being made about their lives.

Here at Roads To Independence, we support individuals with disabilities ensuring the rights and interests are protected through peer support and advocacy. We encourage individuals with disabilities to speak up for themselves, as an expert in their own life, and to take action with or without support when you can or want to. We make sure that anyone who needs support on learning to advocate or assistance in advocating receives it through one on one services, and through experiences.

We prepare individuals to advocate. Advocating, is a process of supporting individuals to express their own views and concerns, access information and services, defend and promote individuals rights and responsibilities, and to explore choices and options.

We also participate in systems advocacy. Systems advocacy is an effort to change policies, rules or laws which determine how services are provided.

There are similarities between the two types of advocacy but there are also important differences. Both types of advocacy involve use of the five phases of problem solving: problem definition, information gathering, goal setting, advocacy planning, assertive communication and follow-up.

The 2019 NINJA Youth Conference was held June 3rd - 6th at the Utah State University Campus in Logan. Roads To Independence sent three youth. There was plenty of activities as well as an abundance of food again this year. The youth attended many workshops that covered topics such as Leadership, Disability History, Advocacy, Lives Worth Living, Goal Setting, Assertiveness, Assets and Strengths, Career Exploration, Home Living, team building exercises and more. The youth also went to the USU Ropes Challenge Course where they participated in Rock Climbing and other High and Low Level Elements. On Thursday night, a banquet was held to honor all the participants and the 7 NINJA graduates. Youth mentors were on hand to speak at the banquet. They shared their stories, accomplishments and experiences. After the banquet, a dance was held outside where the youth (and staff) danced the night away. The youth that attended from Roads were: Justin Gonzalez, Savannah Gorder (Graduate this year), and Braden Hancey. This year’s conference was a great success and enjoyed by all.
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<td>![image]</td>
<td>1 I-Fly 4:30 Cost: $7.50 RSVP</td>
<td>2 Camp-out Registration Starts @ Center</td>
<td>3 Summer BBQ at Jefferson Park Behind center. Volunteers needed 11-2pm BUS</td>
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<td>9 Bingo 5-6 Cost: $1</td>
<td>10 Kitchen Kneads salted caramel cookies 1-3pm $3.50 BUS RSVP</td>
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<td>12 Seaquest Aquarium 10:30 am Cost: $3-50 + lunch $$$ RSVP</td>
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<td>15 Fishing Fort Buenaventura 9:30-11am must have license BUS RSVP</td>
<td>16 Effective Communications Class by WSU 3-5 @ Center</td>
<td>17 Ceramics 12-3 @ Center Cost varies BUS</td>
<td>18 Bowling WSU 6-8pm Shepherd Union Bldg. and Pizza</td>
<td>19 Crafting/ Scrapbooking 14pm @ Center</td>
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<td>22</td>
<td>23 Cycling C.G. 1-3pm Riverdale pkwy. BUS</td>
<td>24 Holiday Office Closed/Join us at the Parade, Must sign up by 7-3-19</td>
<td>25 Camp-out registration ends for those that need a ride</td>
<td>26 Water Rafting all day Snake River bring $ for food. BUS Cost: $10</td>
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<td>28 Parents Day</td>
<td>29 Karaoke/ Movie Night @ Ctr. 5-8pm</td>
<td>30 “Peter Pan: The Musical” at Egyptian Theater 7:15-9:30pm Cost:7.50 RSVP ASAP</td>
<td>31 Wheelchair Clinic 12-2pm @ Center</td>
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WHenever possible: We encourage everyone to take advantage of PUBLIC TRANSPORTATION. This promotes independence. Please RSVP for events!
# Roads To Independence AUGUST Calendar 2019

For details contact Karen at 801-317-2857

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<td>Bingo 5-6 $1</td>
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<td>Canvas Painting 2:30pm @ Center Cost: $2 RSVP</td>
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WHENEVER POSSIBLE: We encourage everyone to take advantage of PUBLIC TRANSPORTATION. This promotes independence. Please RSVP for events!
Description of Activities

**Camp-out:** Registration for our Annual Camp-out starts on July 3rd. Please make sure you get in to register. We want to be able to make accommodations for everyone! Camp-out is the weekend of August 9th through the 11th. We will also be having our BBQ on Friday night! Transportation is provided. Limited space for trailers. Please see more info on page two.

**Wheelchair Clinic:** Come in to RTI on the last Wednesday of each month from 12-2pm to get your equipment fixed!

**Kitchen Kneads:** Join us for a fun time making salted caramel cookies! Transportation provided for those unable to take public transportation. Please RSVP to Karen.

**Seaquest Aquarium:** Come and learn how the animals live! The cost is $3.50 (Please pay when signing up) Also, bring lunch money. We will be eating lunch in the food court after. RSVP to Karen for this and transportation.

**“Peter Pan” the musical at the Egyptian Theater:** Its time for a good play and fun! Cost is $7.50 Please pre-pay when signing up! Must RSVP and pay by July 16th!

**Water Rafting with Common Ground:** Time to get wet!! Join us for an exciting adventure on the Snake River in Jackson Hole Wyoming. July 26th and August 30th. Must RSVP ASAP! Transportation provided! We will be leaving early morning and getting back late night! Cost is $10 and must be paid to secure your spot and is not refundable.

**Canvas Painting:** Time to get them creative juices flowing! Cost is $2 and please RSVP to Karen.

**Fort Buenaventura Fishing:** Come join use for exploring, and fishing. Transportation provided. Please RSVP to Karen. You must have your own fishing license.

**Cycling with Common Ground:** Join us at the Riverdale Parkway for a good time cycling! Transportation provided. RSVP to Karen.

**Boondocks:** Enjoy four fun hours of play and a food buffet. This includes all things indoors and outdoors! Cost is $12.50 and must be paid when signing up! Please contact Karen by August 2nd!

**Quilting:** We will be starting quilting again this fall and giving them to homeless consumers and those moving into a new apartment. Join us for some fun and creativity!

**Utah State Fair:** Its Fair fun time again! Cost is $1 to get in plus your own spending money. We will be taking the frontrunner down to S.L.C. Please RSVP!

**Pioneer Day Parade:** Roads To Independence will be in the Pioneer Day parade and we would like you to join us! Contact Karen ASAP to get involved on July 24th!!

**Crafts/Scrapbooking: Jewelry making/Gem Wrapping/Rock Painting and more:** We do this during crafts/scrapbooking days. Come and make some great jewelry using stones, or beads on scrapbooking and crafts day. We will also have other crafts. Please sign up to make sure we have enough supplies.

**Ceramics:** We meet from 12:00-3:00 pm at the Center. The cost varies from free on up depending on how big your ceramic piece is. Please RSVP to Karen for BUS at 801-317-2857, if you are in need of transportation.

**Bingo:** Come join us for bingo night from 5-6 pm. Cost is $1 for prizes. Everyone is welcome; bring family and friends here at the center!!

**Movie/Karaoke/Game Night:** Come join us and watch a movie, play some music and play a game. Just bring yourself and enjoy some popcorn, a drink, and a great time! FREE! So be here at the Center at 5pm for some great fun!

**Bowling:** Come up to Weber State Wildcat Lanes in the Shepherd Union Building for some pizza and two free games with us! Free from 6-8pm! We will also be providing pizza. Bring your own drink. For consumers and their families.

**I-Fly at the Solomon Center:** The I-Fly is adaptable; however, one has to have feeling in their legs. The cost is $7.50 per person RSVP.

**Cooking Class:** Join Lisa from USU for some great cooking classes. These are a 6-week class. Please RSVP.

**Self-Esteem Classes:** This is a 10 week class every Tuesday starting on September 3rd from 3-5pm. We all need help with some self esteem. There will be hands-on homework and activities to complete.

**Healthy Relationships Classes for Youth and Parents:** For youth on Sept. 20th and 21st, 16-25 please. This is an in-depth class on relationships and sex education. Then on Sept. 26th for Parents only, Please RSVP to Karen at 801-317-2857. There is limited space.

**Effective Communications Class:** Join student from the Weber State University Communications Department and learn how to effectively communicate with your peers and others.
July 26th marks the 29th anniversary of the Americans with Disabilities Act (ADA). The ADA is a civil rights law that prohibits discrimination against individuals with disabilities in all areas of public life, including jobs, schools, transportation, and all public and private places that are open to the general public. The purpose of the law is to make sure that people with disabilities have the same rights and opportunities as everyone else. The ADA gives civil rights protections to individuals with disabilities similar to those provided to individuals on the basis of race, color, sex, national origin, age, and religion. It guarantees equal opportunity for individuals with disabilities in public accommodations, employment, transportation, state and local government services, and telecommunications.

WHO IS JUSTIN DART

Justin Dart was an international human rights activist and leader of the international disability rights movement for three decades. His leadership and accomplishments earned him the distinction of “The Father of the Americans with Disabilities Act” and “The Godfather of the Disability Rights Movement.”

Brief Biography: Justin Dart was born in Chicago, Illinois, into a wealthy and prominent family. He attended private schools. He graduated from the University of Houston with a BS in Political Science (1953) and an MS in History (1954).

Dart contracted polio in 1948 and was treated at the Seventh Day Adventist Medical University in Los Angeles. He spent the rest of his life in a wheelchair.

His activism in the US started in Texas in 1974. In 1980-85, he was active on the Texas Governor’s Committee for Persons with Disabilities. In 1981, President Ronald Reagan appointed Dart to be the vice-chair of the National Council on Disability. They met with activists in every state in the United States, developing a grassroots network that would be soldiers in the battle for a national disability policy.

In 1986, Dart was appointed to head the Rehabilitation Services Administration (RSA), a $3 billion federal agency that oversees a vast array of programs for disabled people. Dart called for radical changes, and for including people with disabilities in every aspect of designing, implementing, and monitoring rehabilitation programs.

Facing resistance from the bureaucracy, Dart dropped a bombshell when he testified at a public hearing before Congress that the RSA was “a vast, inflexible federal system which, like the society it represents, still contains a significant portion of individuals who have not yet overcome obsolete, paternalistic attitudes about disability.”

Dart was asked to resign, but remained a supporter of both Presidents Reagan and George H. W. Bush. Again in 1988, he, as co-chair of the Congressional Task Force on the Rights and Empowerment of Americans with Disabilities, visited every state including Puerto Rico, Guam, and the District of Columbia, holding public forums attended by more than 30,000 people promoting the passage of the Americans with Disabilities Act.

In 1989, Bush appointed Dart as Chairman of the President’s Committee on Employment of People with Disabilities. He then attempted to transform the group to be more than “hire the handicapped.” Dart was on the stage wearing his signature cowboy hat when President George H. W. Bush signed the Americans with Disabilities Act on July 20, 1990.

He next turned his energies to passage of universal health care and to defending the ADA and the Individuals with Education Disabilities Act (IDEA) after the 1994 Republican wins in Congress. He helped found Justice For All to educate and mobilize advocates all over the country through email. Frustrated with the Republican party of his prominent family, Dart publically supported Bill Clinton in 1996.

Health problems in 1997 curtailed his travels, but his passion for human rights never faltered. He continued to educate and encourage advocates with his cries of “Lead On!” and “get into politics as if your life depended on it. It does.” He is remembered for his reassuring closing of “I love you.”

Dart received the Presidential Medal of Freedom, the nation’s highest civilian honor, in 1998 from President Bill Clinton.

Justin dart passed away on June 22, 2002 after a life of continued service to the disability community.
CONGRESSIONAL LEGISLATIVE PRIORITIES

The National Council on Independent Living (NCIL) continues to work with the Independent Living Administration (ILA) to actualize the significant changes created by the Workforce Innovation and Opportunity Act (WIOA) and reauthorization of the Rehabilitation Act contained therein. The ILA, within the Administration for Community Living (ACL) in the U.S. Department of Health and Human Services, has worked very closely with NCIL as new regulations have been developed. The regulations are one piece of the various and numerous tasks required to implement the changes required by WIOA and many more are in process.

(NCIL) was very excited that Congress increased IL funding by $12 million in FY 2018 and an additional $3 million in FY 2019. However, in order to effectively carry out the additional core services as authorized in this legislation and to strengthen America’s Independent Living Program, it has been determined that additional funding of $200 million will be required. Therefore, NCIL is requesting $200 million in additional funding in the 2020 budget for the Independent Living line item.

Healthcare and Long-Term Services and Supports

Disability Integration Act: H.R. 555 and S. 117

Even though community-based services are overall more cost effective and the Supreme Court’s Olmstead decision requires community integration, Americans with disabilities are regularly forced into institutions and denied their Constitutional and civil rights to liberty and freedom. The Disability Integration Act – H.R. 555 (Sensenbrenner-R) and S. 117 (Schumer-D) – is bi-partisan, bi-cameral legislation that addresses this injustice by:

- clarifying in statute that every individual eligible for Long-Term Services and Supports (LTSS) has a Federally-protected right to a real choice in how they receive services and supports;
- assuring that states and other LTSS funders provide services and supports in a manner that allows individuals with disabilities to live in the most integrated setting (including their own home), have maximum control over their services and supports, and lead an independent life;
- establishing a comprehensive state planning requirement, comparable to the transition planning process required under the ADA, that includes benchmarks while providing states with the time they need to comply with the law;
- ensuring that there is an adequate workforce to support community integration;
- requiring states to address the need for affordable, accessible, integrated housing that is independent of service delivery; and
- establishing stronger, targeted enforcement mechanisms.

Reform Medicaid, Don’t Gut It!

NCIL strongly supports reform of Medicaid LTSS in order to better serve people with disabilities and low income communities. Instead of capping or cutting Medicaid through Block Grants or Per Capita Caps and giving states “flexibility” allowing them to deny Americans with disabilities their freedom, Congress should work with NCIL and the disability community to implement real Medicaid reform by:

- Expanding the use of community-based services: studies have demonstrated that by reducing the over-reliance on institutions and nursing facilities and shifting toward more cost-effective community-based services, states can contain Medicaid spending;
- Demedicalizing services: by reducing the reliance on costly medical personnel to provide assistance by allowing attendants to perform these tasks, states could use the same amount of Medicaid funding to support more seniors and people with disabilities living in their own homes;

Continued...
Medicaid continued

- **Expanding consumer-directed service options:** by empowering people to manage their own services and reducing the need for administrative overhead, states can also reduce Medicaid expenditures while improving quality; and

**Reorganizing Medicaid services to eliminate wasteful bureaucracy:** the current system wastefully organizes services based on diagnosis and age, even though people may have the same functional needs. By organizing services based on functional needs, states can eliminate redundant and needlessly expensive bureaucracies and reduce Medicaid expenditures. Such reform efforts require thoughtful planning. NCIL urges Congress to take the time to engage NCIL and the disability community to understand the needed reforms and craft legislation that can achieve our common goals.

**Assistive Technology Act**

NCIL supports funding and reauthorization of the *Assistive Technology Act* (*AT Act*) because these programs help individuals with disabilities learn about, try, and acquire assistive technology that will promote and enhance independence and a satisfying life.

NCIL supports the renewed commitment that Congress has expressed that the AFPs expand and emphasize consumer choice and control within these programs. Congress has also directed the AFPs to incorporate credit-building activities, including financial education and asset building programs. These assurances support NCIL’s work towards greater financial stability, independence, and opportunity for individuals with disabilities.

NCIL was encouraged by Congress’ support of the *AT Act* in 2018 by appropriating a new $2 million dollars to expand and support AFPs.

**Housing**

We oppose cuts to housing and other domestic programs designed to assist low to moderate-income households, including those with disabilities.

Nationally, housing affordability continues to be a serious challenge for households that include a person with a disability. Housing appropriations simply have not kept up with the demand, and people with disabilities have been overlooked, with stagnant funding for Section 811, Mainstream Vouchers, Housing for Persons with AIDS, and Fair Housing Enforcement. Additionally, the growing deficit after the large tax cut bill will increase pressure for cuts to non-defense discretionary spending programs such as housing. Strong advocacy is needed to demonstrate the importance of housing programs for people with disabilities. Advocates must fight for every penny housing programs need to maintain funding of commitments, to meet current and future needs.

**To contract your congressional delegation about issues and concerns:**

Congressman Rob Bishop: (202-225-0453 (DC) # 801-625-0107 (Ogden)
Senator Mike Lee: Phone: 202-224-5444 (DC) # 801-524-5933 (SLC)
Senator Mitt Romney: (202) 224-5251 (DC) # (801) 524-4380 (SLC)
Congressman Chris Stewart: (202) 225-9730 (DC) # 801-364-5550 (SLC)

To find out who your State Representatives are go to: [https://le.utah.gov/GIS/findDistrict.jsp](https://le.utah.gov/GIS/findDistrict.jsp)

**For More Information**

For more information about these and other legislative priorities that effect people with disabilities, go to: [https://www.ncil.org/press-room/](https://www.ncil.org/press-room/)
Don’t forget to follow us on Facebook!!

Stay connected and stay informed on all the good things happening at Roads, including current information on activities, classes, and upcoming events. Check out pictures of past events and leave us comments!

To promote and enhance independence for all people with disabilities.

**Newsletter is available in alternative formats**

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